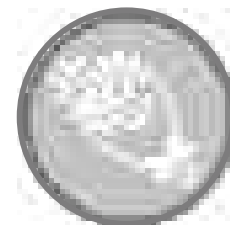


## Cervical Cancer Screenings Provided by Local Municipalities



### Acknowledgement of handling of personal information

This screening is conducted by cities and towns in Shiga Prefecture for early detection and treatment of cervical cancer. The handling of personal information for this examination will comply with the "Act on the Protection of Personal Information." In order to ensure that everyone who undergoes an examination is able to receive the necessary testing and treatment they require, we ask that you please read and understand the following before proceeding.

- The results of the examination will be kept by your city/town, the medical institution where you undergo the examination, and the testing laboratory.
- If necessary, we may inquire with medical institutions or the examinee themselves about the status of their medical examinations.
- In order to develop a better screening system, cities and towns may report the results of screenings and thorough examinations to Shiga Prefecture and examining medical institutions.

### Acknowledgement of those eligible for examination

Only those who meet all of the following five requirements will be eligible for examination.

1. Women who are over the age of 20 and are registered residents of Shiga prefecture. (Please write your registered address on your examination sheet)
2. Those who have not undergone the same examination from April 1<sup>st</sup>, 2022 to March 31<sup>st</sup>, 2023.  
However, those who were issued a coupon for a free cervical cancer screening can receive the screening this year as well.
3. Those who have not undergone the same examination at a different medical institution, or as part of a group medical examination, as of April 1<sup>st</sup>, 2023.
4. Those who are not currently undergoing treatment or under observation for cervical cancer or dysplasia.
5. Those who have not undergone uterus surgery, or those who have undergone uterus surgery, but the cervix of the uterus remains.

In the case that you do not meet all the requirements and undergo this screening, you will be responsible for paying up to 7,701 yen\* out-of-pocket.

\*Exact amount may vary by medical institution. If you have any questions, please contact the department in charge in your city/town.

### List of local health divisions to contact for cancer screening information

City/Town	Name	Contact	City/Town	Name	Contact
Otsu	Kenkou Suishinka	077-528-2748	Ryuou	Kenkou Suishinka	0748-58-1006
Kusatsu	Kenkou Zoushinka	077-561-2323	Hikone	Kenkou Suishinka	0749-24-0816
Moriyama	Sukoyaka Seikatsuka	077-581-0201	Aisho	Kenkou Suishinka	0749-42-4887
Ritto	Kenkou Zoushinka	077-554-6100	Toyosato	Iryou Hokenka	0749-35-8117
Yasu	Kenkou Suishinka	077-588-1788	Koura	Hoken Fukushima	0749-38-3314
Koka	Sukoyaka Shienka	0748-69-2168	Taga	Fukushi Hokenka	0749-48-8115
Konan	Kenkou Seisakuka	0748-72-4008	Nagahama	Kenkou Suishinka	0749-65-7759
Omihachiman	Kenkou Suishinka	0748-33-4252	Maibara	Kenkou Zukurika	0749-53-5125
Higashiomi	Kenkou Suishinka (Hoken Center)	0748-23-5050	Takashima	Kenkou Suishinka	0740-25-8078
Hino	Fukushi Hokenka (Hoken Center)	0748-52-6574			

# Important Notices About the Cervical Cancer Screenings Provided by Local Municipalities

1

## For first time examinees who have never had sexual intercourse

Cervical cancer is caused by HPV (human papillomavirus) infections which are spread through sexual intercourse. The occurrence of cervical cancer in the general female population is 24/100,000 (0.02%), whereas the occurrence of cervical cancer in those who have never had sexual intercourse is extremely low at 1/100,000 (0.001%). However, even if you have never had sexual intercourse, it does not mean you are 100% safe from cervical cancer. As well, if you have never had sexual intercourse, insertion of the colposcope may cause pain or bleeding. With the information stated above in mind, please decide whether you will undergo the examination or not.

2

## After the examination

- Bleeding may continue for 2-3 days after the examination, but should stop within 1 week.  
*If bleeding persists for more than 1 week, please get in contact with a medical institution.*
- If there is no bleeding after the examination, you are allowed to bathe and enter swimming pools.
- Please do not use a bidet, or any other means of cleaning the inside of the vagina, on the day of the examination.

3

## Notification of results

Within 3-4 weeks after examination, a postcard will be sent in the mail by the examining medical institution. The results of the examination will be either "A thorough examination is not necessary," or "A thorough examination is necessary." For those who a thorough examination is deemed necessary, please get in contact once more with your examining medical institution, and perform a thorough examination in order to ensure an accurate, early detection of cervical cancer.

**A thorough examination includes a combination of a colposcopic tissue examination + pap test (a procedure in which a portion of the vagina is sampled using a vaginal magnifier), and HPV testing (a test for human papillomavirus infection).**

- Even if your results indicate that a thorough examination is necessary, it is still possible that you do not have cervical cancer. In order for a proper judgement to be made, please undergo a thorough examination.
- This examination is not guaranteed to discover cancer. There is also a chance the cancer can grow rapidly between checkups. If you have any worrisome symptoms such as "bleeding during non-menstrual periods," "bleeding during sexual intercourse," or "unusual discharge" before your next checkup, please visit a specialized medical institution as soon as possible.

4

## Financial Aid for Examinations

Cities and towns in Shiga Prefecture subsidize the cost of cervical cancer examination fees once every two fiscal years. The next screenings will be available on or after April 1<sup>st</sup>, 2025.

- Please take advantage of these screenings, and try to undergo them once every 2 years. Cervical cancer is the fifth most common cancer among women in Japan (as of 2019), and cases have continued to rise in recent years.

## Examination Fee

- The exact amount you will be responsible for will vary by city/town.
- Those who are eligible for exemptions will also vary by city/town.
- Please get in contact with your examining medical institution for more details.

For more information, please contact your local health department in charge of cancer screenings.

(Please reference the table of contact information on the other page)