

## Recovery Accommodation Facilities for People with Mild COVID-19 Symptoms, Etc.

In order to ensure a robust system of providing medical care for patients with severe COVID-19 infections, Shiga Prefecture requires asymptomatic patients and patients with mild medical symptoms to enter Recovery Accommodation Facilities for recuperative purposes if the results of COVID-19 tests are positive.

Rest assured that the medical staff resident in Recovery Accommodation Facilities will monitor your health condition during your stay.

### Contact When You Are Required to Enter Recovery Accommodation Facilities

#### (1) When the result of COVID-19 test are deemed to be positive

The Control Center in charge of adjusting the place of hospitalization for COVID-19 patients will decide whether you are to enter a hospital or a Recovery Accommodation Facility in accordance with your physical condition, the number of hospital beds available, and your family circumstances, etc.

#### (2) When you are required to enter a Recovery Accommodation Facility

Whether you need to enter a Recovery Accommodation Facility or not will be decided by the Control Center once your symptoms have been confirmed. If it is decided that you need to enter a Recovery Accommodation Facility, the Control Center will arrange a time of check-in and a mode of transportation, etc., in alignment with the needs of the patient and facility concerned, and you will then be contacted.

An orientation session will take place once you have arrived and checked into the Recovery Accommodation Facility. If you have a LINE account, this will be used as a method of communication during your stay, and you will be requested to add the attendant doctor on LINE.

### Items to Bring and Prepare When Checking In

#### ◆ Items to Prepare in Advance

Using the following as a reference for the items to bring and prepare, contact your family, etc., and prepare sufficient items to **last for approximately a two-week stay**.

Prepare items that you already have available at home, but if you need anything else, request family members, etc., to purchase them on your behalf and make sure that neither you nor anybody who has been in close contact with you goes out into the community. Note that **no amenities will be available in your room\*** You will also not be able to use washing machines or any other public facilities.

#### ◆ Items to Bring and Prepare

- National Insurance Card, **\*\*Mother & Child Handbook (expectant mothers only)\*\***
- Any medication you are taking, and your medication handbook
- **Items necessary to health management (blood-pressure gauge, CPAP (Continuous Positive Airway Pressure unit), blood-sugar level gauge, insulin, etc.)**

- Writing materials
- Clothing (change of clothes, pajamas, indoor footwear (slippers), etc.)
- Toiletries (toothbrush, toothpaste, hand soap, body soap, shampoo, rinse, razors, comb, cosmetics, tissues, etc.)
- Laundry items (detergent, hangers, clothespin, etc.) \* Bleach is not permitted
- Tableware (chopsticks, spoon, teacup, etc.)
- Towels (bath towels, face towels, bathmat, dish cloth, etc.)
- Recreational items (smartphone, tablet, chargers, books, and other recreational items, etc.)
- Miscellaneous (cleaning equipment, blankets for maintaining body warmth, etc.)

\* It is recommended that you bring the following items if an infant is to accompany you during your stay.

- Baby snacks, drinks (only bento (lunch) boxes for adults and water will be provided in the facility), rubber sheets, baby diapers, toilet seat for children, etc.

\* The items provided are: Toilet paper, furniture, bedding, facemasks, garbage bags, thermometer.

\* **Smoking, the consumption of wine, beer or other alcoholic drinks, uncooked raw food, and items that emit noise are not permitted.**

## Item Deliveries

Family members and acquaintances are permitted to deliver items, although it is necessary to refer to the list of items that can be accepted below.

People delivering items are requested to contact the main office of the Recovery Accommodation Facility in advance. The time of arrival, the place of delivery and the method of contact will be arranged accordingly.

\* Note that there are cases in which deliveries will not be accepted without advance contact.

\* People who have been in close contact with COVID-19 patients are not permitted to deliver items in principle.

### [Deliverable Items]

#### ◆ **Items that may be delivered (consumable items) \* Certain items may be refused due to the season or temperature, etc.**

- ☆ Items that can be stored at room temperature (instant food, freeze-dried food, snacks (perishable snacks are not permitted), fruit, jelly pouches, beverages in PET bottles, etc.)
  - \* Fruit is restricted to types that can be peeled by hand and eaten without preparation after washing.
  - \* Beverages are restricted to items that can be stored at room temperature.
- ☆ Bento (lunch boxes) and rice balls, etc., sold at convenience stores with the expiry date clearly listed.
  - \* Microwave ovens are not available, so food cannot be heated prior to consumption. Also, preheated food may not be delivered for sanitary reasons to ensure that safety is maintained during storage.
- ☆ Packaged items that can be stored at room temperature for several days (confectionary and sandwiches, sold at bakeries)

#### ◆ **Items that cannot be delivered ((consumable items)**

- ☆ Alcoholic drinks
- ☆ Uncooked items (sashimi, sushi, etc.)
- ☆ Home-cooked food
- ☆ Frozen food (ice cream, etc.)
- ☆ Items that required refrigeration. Also, items that usually need to be stored in a refrigerator.
- ☆ Items that are warm at the point of purchase, such as fast food and bento (lunch) boxes, etc.

#### ◆ **Items that cannot be delivered (non-edible items)**

- ☆ Cigarettes (including heated tobacco products)
- ☆ Hazardous items (including kitchen knives and other knives)
- ☆ Items that emit noise
- ☆ Cooling and heating equipment (including electric blankets)

## Cost of Staying at Recovery Accommodation Facilities

There will be no charge for accommodation and meals when staying at Recovery Accommodation Facilities for the purpose of recovering from COVID-19.

However, you will be required to pay all costs incurred for medical treatment not related to COVID-19.

- Accommodation and Meal Expenses ➡ No charge.
- Medical Treatment Fees, Cost of Medication
  - Medical fees related to COVID-19 ➡ No charge.  
(Examples) Treatment for fevers, coughs and sore throats
  - Medical fees not related to COVID-19 ➡ To be paid by the recipient.  
(Examples) Treatment for underlying illness, fees for non-related medication prescriptions

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