

21 Shiga prefectural gymnasium



main gymnasium:45m×42m(height:12.7m)

4-2-12 Nionohama,Otsu city,Shiga,520-0801



neighboring

neighboring

22 Shiga prefectural budokan



judo:4fields taekwondo:2fields



4-2-15 Nionohama,Otsu city,Shiga,520-0801



neighboring

23 Nionohama fureai sports center



gymnasium:31m×36m(height:13~15m)

4-2-40 Nionohama,Otsu city,Shiga,520-0801



24 Kusatsu municipal budokan



judo:3fields

683 Minamiyamada-cho,Kusatsu city,Shiga,525-0063



25 Shiga prefectural welfare center



gymnasium:34.3m×23.6m(height:7.8m)

8-5-130 Kasayama,Kusatsu city,Shiga,525-0072



26 Seta koen gymnasium



gymnasium:35m×28m(height:9~11m)

6-9-1 Ichiriyama,Otsu city,Shiga,520-2153



27 Ritto gymnasium



gymnasium:47.8m×40.6m(height:8m)

514 Kamimagari,Ritto city,Shiga,520-3022



28 Moriyama municipal sports park



gymnasium:42m×36m baseball field

100 Miyake-cho,Moriyama city,Shiga,524-0051

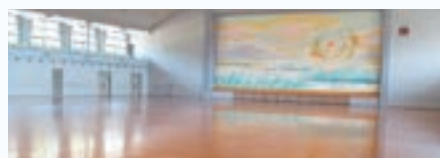


29 Azuchi marie-to



gymnasium:35m×28m(height:9~11m)

773 Kuwanomiji,Azuchi-cho,Omiachiman city,Shiga,521-1321



Shiga's Places Attractions



Tomomi Abiko

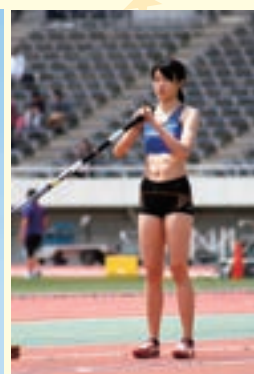
Pole Vaulter

Profile

Born in Shiga in 1988, the athlete has devoted her sporting years first as a high-jumper and then as a pole-vaulter. The switch made in high school led her to vault 4 m 00 cm, the second highest all-time high-school record. She has then gone on to set Japan's new student record six times and won three national championships in a row (with a national record of 4 m 40 cm). She represented Japan in the London Olympic Games.



Pole Vault



With nature all around us, Shiga is a relaxing place. I still call the prefecture home and practice there. It is essential that I approach sports while keeping with my personal motto "My own way at my own pace," and I find Shiga to be the very best in the world for places to practice. Of the many such places, I would recommend "Kibougauka Cultural Park." It has a 400 m track-and-field facility and includes an indoor training space (80 m in length); with access also to a gymnasium, soccer field, field obstacle area, tennis courts, and baseball field as well as a vast expanse of grass. The park is good for both training and refreshment of mind and body. If you need a change of scenery, you can head for Hikone Castle and bask in the days of the samurai or for Japan's largest lake, Lake Biwa, and board a cruise on the pleasure boat Michigan. I have no doubt the time you spend in the prefecture will bring out the best in you as an athlete.



Koji Tanaka

Sitting Volleyball Player

Profile

Born in Shiga in 1967, the player started volleyball when he was in junior high school and ultimately took part in an international event. Suffering an injury to his left leg, he went on to set up a sitting volleyball club and participated in the Sydney Paralympics, thereafter representing Japan in the Paralympics Games held in Athens and Beijing.



Taking great delight in moving about and enjoying physical activities ever since I was small, I was all fired up to "be in the Olympics someday." Shiga offers a perfect setting for children, encouraging them to freely follow such dreams. Players of sitting volleyball games each vouch for the prefecture's affinity with sports because of its "clean air and relaxing atmosphere, warmth of the local people, and convenience for transportation." I continue to base my practicing in the prefecture's Nagahama area. Nagahama Canon Arena is host to camp training for Japan's national team for sitting volleyball. I am sure the prefecture has a lot to offer in terms of laying a stepping stone for your best performance.

Basketball

Athletes from Shiga



Yuki Ota
(Fencing)